

Alcohol quiz

Discussion points for you and your child:

- **What does your child know about alcohol?**
- **Do they understand its effects on the body?**
- **Do they know the law around alcohol?**

Alcohol is widely used and readily available. It is a depressant and this means it slows down reactions in your brain. It can affect judgements as well as moods so some people may do silly things that can be dangerous. Children and young people are more affected by alcohol than adults as they tend to be smaller and are not so used to drinking it.

Even a small amount of alcohol will make children feel drunk, cause more damage to their health & sometimes may result in alcohol poisoning.

Children and young people are also affected by others' drinking. These include early life experiences, family relationships, and parental attitudes and behaviour.

Alcohol is often used in celebrations, especially when toasting someone. However for some it may be against their religious beliefs.

Alcohol raises lots of money for the government in taxes.

Find out more about the laws around alcohol in the Bar on www.lookoutalcohol.co.uk

What to do:

Answer the quiz questions on Activity Sheet 2A.



ANSWERS TO THE QUIZ 1. True 2. 16 3. No 4. True
5. True 6. False Alcohol related health problems are in the top four
health concerns for the country 7. 920,000 8. True 9. 46% The
Department of Health Survey 'Drug Use, Smoking and Drink
ing among Young People in 2005' states that 46% of Year 11 have drunk
alcohol in the last week (stats taken from Department of Health).
10. Alcohol 11. False In recent times there has been a significant
growth in the number of young women who are drinking excessively and
frequently. 12. False Some young people are able to purchase alcohol
as the age of purchase (18) is not always enforced by retailers.

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1. It is illegal to give an alcoholic drink to a child who is under the age of 5.
 True False
2. At what age can a young person be bought an alcoholic drink with a meal which will be eaten in a restaurant?
 18 16 14
3. Are there any parts of the body that alcohol does not affect?
 Yes No
4. Alcohol is a drug.
 True False
5. Some religions ask their followers not to drink alcohol.
 True False
6. Alcohol is not a health worry for people in the UK.
 True False
7. Estimate how many children live in a home where one or both parents are problem drinkers.
 112,000 540,000 920,000
8. Alcohol raises a lot of money in taxes for the government.
 True False
9. How many 15 year olds in the UK drink alcohol?
 63% 46% 99%
10. Which drug causes the most problems among young people in the UK today.
 Cannabis Alcohol
11. More young men than women drink alcohol frequently and to excess.
 True False
12. Young people find it difficult to buy alcohol.
 True False